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FRIDAY, SEPTEMBER 25  
campuschaos.ca

## Alleged human traffickers in court

**CRIME** Three people have made their first court appearance in what Edmonton police say may be the city's first case of human trafficking.

Mei Fang Chen and Xiu Zheng Chen, both in their early 30s, and Qui Wang, who is 41, face numerous charges that include living off the avails of prostitution and keeping a common bawdy house.

They are scheduled to return to court Sept. 29 for a bail hearing.

Police have said they got word earlier this month that a suspected prostitution-related business was operating in a massage and health spa outlet.

Investigators later learned that three women who were also taken into custody during a search of the business were allegedly victims of human trafficking.

The women were placed in the care of a non-profit agency.

THE CANADIAN PRESS

## News on the Move

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London

Fashion Week

STEFAN WERMUTH/REUTERS



A model presents a creation from the Jena Theo 2010 spring/summer collection during the Fashion Fringe show at London Fashion Week yesterday. This is the event's 25th year.

## 52 months for man who killed pal

**SENTENCE** A northern Alberta man who killed a friend has been sentenced to 52 months in prison.

Richard Pfaff of High Level was convicted in July of

manslaughter in the death of Michael Berube.

Pfaff, 24, was initially charged with second-degree murder after Berube was found strangled in a High

Level residence in January of last year. Police said the two men knew each other and that the victim was strangled during a fight.

THE CANADIAN PRESS

## Training needed: Judge

Recommendation follows  
police shootout inquiry

VICTORIA HANDSIDES   
[victoria.handsides@metronews.ca](mailto:victoria.handsides@metronews.ca)

### Starting soon

Police need advanced  
emergency medical training  
to react in the face of  
potentially deadly  
situations, a provincial  
judge declared yesterday.

The recommendation followed a fatality inquiry of a police shootout in June 2006, when a handful of rookie cops stood "in shock" as both a suspect and fellow officer lay bleeding from gunshot wounds.

Const. Dan Furman would never have survived three shots fired by handgun-wielding Darren Cardinal if Const. Jason Mitchell hadn't applied specialized first-aid training he received in the Canadian Armed Forces.

Furman testified that as he lay on the basement floor of the residence that night, he remembered a lot of EPS members were looking at him with blank faces.

When he later asked them what they were thinking, they told him that they did not know what to do," provincial court judge Bruce Garriock wrote in a 20-page report.

Cardinal shot the officer

after police entered a home at 12840 - 68 St. Officers fired back, striking Cardinal 11 times.

Witnesses said Cardinal stated many times: "If the police showed up, they would not take him alive."

Having trained with wounds resulting from gunshots and explosives, Mitchell was familiar with Furman's condition, which included a punctured lung.

Furman was hospitalized for 11 days and off work for eight months. When he returned to duty in the summer of 2008, he proposed EPS members undergo casualty care training.

"Furman emphasized that the point of his proposal was to sustain life until medical training arrived by providing EPS members with the requisite knowledge and tools to deal with these exceptional circumstances," Garriock wrote.

*"They laughed when I said I'd get rid of my acne scars, but not when they see me now!"*

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# Local



## Go Bananas at Rexall Place

The Wiggles, Captain Feathersword, Dorothy the Dinosaur, Henry the Octopus, Wag the Dog and all the Wiggly Dancers invite their fans to join them as they "Go Bananas Live!" in Edmonton. The Wiggling commences at the Rexall Place on Sunday, Oct. 11 for shows at 2:30 & 6 p.m. Tickets for Edmonton are on sale now and are available through all Ticketmaster locations.

METRO EDMONTON



### News in brief

**POLICE** Police Chief Mike Boyd has closed the case on a senior officer who accepted hockey tickets from a photo radar provider in 2002. Last November, Boyd asked the Alberta Serious Incident Response Team to investigate allegations made in 2004 about then-superintendent Darryl da Costa. ASIRT found that the policy in place in 2002 was "unclear and it did not preclude the acceptance of tickets in exchange for hospitality."

**BONDS** Alberta is following through on a promise to raise money for infrastructure projects by borrowing money through provincial bonds for the first time in over a decade. Alberta Finance spokesman Bart Johnson says \$600 million worth of the provincial bonds were issued on the Canadian capital markets this morning. The government pledged in this year's budget to use bonds to raise \$3.3 billion over three years. It last sold provincial bonds in 1997.

METRO EDMONTON

## Protesters plead for homeless help

Rally aims to draw attention to financial plight of youth emergency shelters

hard to solve," Ryan Summer said. "Homelessness among people my age is a hard problem."

The 22-year-old has been living on the street for five years. An unemployed, recovering addict, Summers lives at the Hope Mission and says area shelters desperately need funding.

"We have kids sleeping in hotels and in the terrifying river valley," said rally organizer Brittany White. "I sit with them in the

**"We have kids sleeping in hotels and in the terrifying river valley."**

Brittany White

parks at night and bring them food."

White works at the Youth Emergency Shelter, though says she organized the rally for personal reasons.

She said teens become

homeless for a number of reasons including poverty, addictions and family issues. When space at the youth shelter is gone, kids are forced into shelters with adults.

A recent Homeward Trust census concluded the number of homeless teens rose 18 per cent between 2006 and 2008, White said.

Last week, Bosco Homes announced the company's Strathcona County group home would be shutting

its doors. White said though the province has committed to placing all Bosco's clients in existing programs, White says the closure could have a ripple effect.

"Whenever an agency shuts down, there is a huge fear. Our agencies are already overcrowded and there aren't enough resources for youth. Children should never be part of cutbacks for any reason," she said.

## NAIT raising teepees, raising awareness

CARMEN WALL  
for Metro Edmonton



### Researchers from Alberta, Texas working together

**TECHNOLOGY** Researchers in Alberta and Texas say they plan to work together on scientific ideas that would cut energy industry pollution.

Some of the projects include developing technologies to reduce coal emissions, treat toxic tailings ponds and improve the efficiency of solar cells.

Premier Ed Stelmach says the agreement involves Alberta's Advanced Education Department and Rice University, which is located in Houston.

The research will focus on using nanotechnology — the manipulation of matter the size of atoms and molecules.

The province and the university are also working on safety guidelines for people who work in the nanotechnology field.

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WHAT'S ONLINE TODAY

**Your Money** Allan Small weighs the pros and cons of when to sell off market investments at metronews.ca/investing

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**EVENT** They were a few poles short and it took a couple tries, but aboriginal students managed to raise a teepee on NAIT grounds.

The teepee-raising kicked off Aboriginal Awareness week at NAIT.

Each day this week, students can participate in different interactive events that showcase Inuit, First Nations and Métis culture.

According to Cree elder

Walter Bonaise, who directed the raising, it should only take about 15 minutes to set up a teepee. Yesterday it took an hour.

"There are too many chiefs and not enough Indians," he said.

Bonaise said the importance of raising a teepee is for young people to understand who they are as human beings.

"You have to be part of it to know it, here," he said, tapping his heart.

Student Wendal Houle said it's hard work to set up a teepee, but important work. Both he and Bonaise worry that the tradition is

dying among the younger generation.

Derek Thunder, who works in the EnCana Aboriginal Centre on campus,

says events like this are important to show students that NAIT is an all-inclusive institution that supports diversity.



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Fall's hottest rock tour, featuring British rock legends Def Leppard and special guests Cheap Trick and Man Raze, is set to hit Edmonton's Rexall Place on Oct. 31. Tickets will go on sale on Friday at 10 a.m. at LiveNation.com. METRO NEWS SERVICES

## Work begins on ring road interchanges

CARMEN WALL  
for Metro Edmonton

Representatives from both the provincial and federal governments broke ground on two interchanges in southwest Edmonton yesterday.

MP Mike Lake and Luke Ouellette, Alberta minister of transportation, said the two ring road interchanges on Anthony Henday Drive will relieve traffic congestion, improve safety, and boost Alberta's economy.

Ouellette said the Callingwood Road and Lessard Road interchanges will be completed along with the northwest expansion of the Henday in the fall of 2011.

The governments of Canada and Alberta each contributed \$22.3 million toward the \$44.6-million project.

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Students at the University of Alberta form a "flash mob" to give global leaders a global climate "wake-up call" yesterday on campus. Students joined people around the world by sending a flood of phone calls to world leaders demanding action on climate change.

## A wake-up call on climate

CARMEN WALL  
for Metro Edmonton

Dozens of cellphone alarms went off simultaneously at the University of Alberta yesterday as a "wake-up call" for action

on climate change.

Greenpeace on Campus organized a flash mob as one of 2,300 events that took place worldwide.

Students held their ringing phones in the air before calling government leaders to push them to keep cli-

mate change on the agenda before the 2009 UN climate change conference in Copenhagen.

MP Linda Duncan said the flash mob was a good way to ensure that young people called government representatives to press the

issue of climate change.

"Copenhagen is too late; we need our government to act right now," said Duncan.

World leaders are expected to meet in New York today to revive climate change negotiations.

### News in brief

**GUITAR** Juno Award-winning and platinum-selling artist Robert Michaels makes his anticipated return to The Arden on Thursday, Oct. 1. A Canadian guitar master, Michaels is known to evoke the passion of Cuban-Spanish music with technical perfection. His latest album, The Spanish Guitar Collection, is a collection of Michaels' instrumental favourites from the past 10 years. Tickets for the show are \$28 and are available through the Arden Theatre Box Office at 780-459-1542 and Ticketmaster.

**OLDIES** The Association, giants of the '60s pop scene, will perform at the Century Casino on Sept. 27. Known for their sweeping harmonies and lush pop melodies, The Association had a string of top 10 hits on the U.S. billboard charts between 1966 and 1967, including Windy and Never My Love. Mitch Ryder and the Detroit Wheels, known for their immortal Devil With A Blue Dress On/Good Golly Miss Molly will blaze into town a few weeks later on Oct. 15. Tickets for both shows are \$39.95 and \$49.95. All seats are reserved seating and available at Ticketmaster or Century Casino by calling 780-643-4000.

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metro

**Tories pull promo shots**

The website promoting the Conservatives' economic action plan has removed more than 30 photos of Prime Minister Stephen Harper. **THE CANADIAN PRESS**

# Canada

## Stem cell code set for public

Call to action headed by Canadian

**A made-in-Canada charter outlining the ethical principles of international stem cell research is being presented today at the World Stem Cell Summit in Baltimore.**

The Stem Cell Charter is a collective call to action in support of stem cell research and a web-based, interactive document detailing how that science should be advanced, says lead author Bartha Knoppers, a bioethicist at McGill University in Montreal.

The charter, available in both English and French at [stemcellcharter.org](http://stemcellcharter.org), lays out a code of conduct for stem cell researchers aimed at promoting sci-

ence that is carried out in a responsible, ethical way while protecting people from harm and safeguarding the public trust.

"We'd like to keep it a credible science, we'd like to keep it a science that merits public investment and public funding," said Knoppers.

**THE CANADIAN PRESS**

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### Ottawa Shackled



Alleged terrorist associate Mohamed Harkat shows his GPS tracking bracelet in Ottawa yesterday. Harkat must continue to wear the bracelet despite approval of lighter bail conditions.

## Would-be adopter killed in Honduras

**DEATH** A man formerly of Saskatchewan who travelled to Honduras to adopt a baby boy he met while volunteering with a charity that fights AIDS in children has been killed by two masked gunmen in the Central American country.

Dallas Martens was trying to protect his wife, Krissy, from a robbery attempt when he was shot over the weekend, according to a statement on the website of the Jayne Mor-

**gan Project.**

The couple was celebrating their first anniversary and stopped to look at a house they were considering buying, wrote Valerie Nelson, who runs the clinic associated with the project.

The couple recently moved to Roatan, an island off the coast of Honduras, in order to adopt a baby named Will they met while volunteering with the organization.

**THE CANADIAN PRESS**

### News in brief

**VISA MEASURES** The European Union's top justice official says he will push for retaliatory measures against Canada if it does not move to lift visa restrictions on Czech citizens by the end of the year. The EU's

Justice and Home Affairs Commissioner Jacques Barrot says if nothing moves by the end of the year, he would recommend to EU countries to impose "some form of retaliatory measure." **THE CANADIAN PRESS**

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A U.S. military judge agreed yesterday to another delay in the war crimes trial of five Guantanamo prisoners charged in the Sept. 11 attacks. The judge granted a U.S. government request for a 60-day continuance. **THE ASSOCIATED PRESS**

Judge grants 60-day delay in 9-11 trial

# World



## John A. Gotti back on trial

The fourth racketeering trial of John A. (Junior) Gotti began yesterday with the U.S. government portraying the Mafia heir as a maniacal killer and chronic criminal who has dodged prison by intimidating witnesses and obstructing justice. Three earlier racketeering trials of Gotti ended with deadlocked juries. For each trial, prosecutors reshaped the case with a common thread that Gotti followed his father, the late John Gotti, as the street boss of the Gambinos, one of New York City's five organized crime families.

**THE ASSOCIATED PRESS**

## Dozens killed in massacre

**SUDAN** Gunmen attacked a village in southern Sudan and killed some 80 people and wounded 46, said a southern government official yesterday, adding that he believed the militia was organized by the central government.

Maj. Gen. Kuol Diem Kuol, spokesman of the southern Sudanese military forces, said Lou Nuer tribesman attacked the village of Duk-Padiet in Jonglei state on Sunday killing around 80 people, including 61 civilians. The UN has warned about a rising wave of tribal violence in South Sudan that in the past months has killed more than 2,000 people.

**THE ASSOCIATED PRESS**

## Zelaya defiantly returns home

**Deposed President Manuel Zelaya made a dramatic return to Honduras' capital yesterday, taking shelter from arrest at Brazil's embassy and calling for negotiations with the leaders who forced him from the country at gunpoint.**

The interim government ordered a 15-hour curfew, but thousands of Zelaya supporters ignored the decree shutdown and re-

mained outside the embassy, dancing and cheering. Others in the capital rushed home, lining up at bus stands and frantically looking for taxis.

The leftist leader's homecoming creates a sharp new challenge for the interim government that has threatened repeatedly to throw him in jail if he returns.

Chants of "Yes we could! Yes we could!" bellowed from the crowd outside the Brazilian Embassy.

Zelaya told The Associated Press that he was trying to establish contact with the interim government to start negotiations on a solution to the standoff that started when soldiers flew him out of the country June 28. **THE ASSOCIATED PRESS**

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## Bahamas Travolta extortion trial



Former Bahamas senator Pleasant Bridgewater, centre, arrives at court yesterday. A jury was selected for a trial that could see John Travolta take the stand against Bridgewater, accused of trying to extort \$25 million US from the movie star following his son's death in the country.

Students told to prove residency or face expulsion

**U.S./MEXICO** Students living in northern Mexico have skirted residency requirements to attend U.S. public schools for generations, but when the superintendent in one Texas border town got word that about 400 school-age children were crossing the international bridge each day with backpacks but no student visas, he figured he had to do something.

Kelt Cooper of the San Felipe Del Rio Consolidated Independent School District directed officials to stake out the bridge and warn students they could face expulsion if they don't prove they live in the district — a move that's brought complaints from civil rights groups and support from anti-immigrant proponents.

**THE ASSOCIATED PRESS**

## News in brief

**ARREST** A popular Cuban American Spanish-language actor has been charged with possessing child pornography. A police report says 45-year-old Adonis Losada was arrested Friday at his Miami Beach apartment. Investigators say

they found a child pornography image Losada sent to a social networking website. Police say investigators then searched Losada's home and found 18 child porn images on his home computer.

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Starts March 10, 2010 in Calgary.

**Town refuses peace gathering, allows gun rally**

About 40 protesters, including some carrying guns, showed up at the Raymond, New Hampshire, town common Sunday after the town refused a "yoga for peace" gathering in honour of the International Day of Peace. **THE ASSOCIATED PRESS**

world

7

# Italian cardinal says civility on the decline

**A top Italian cardinal complained yesterday that civility was on the decline in Italy after a prominent Catholic editor was forced to resign after a newspaper loyal to Prime Minister Silvio Berlusconi exposed a scandal in his past.**

Cardinal Angelo Bagnasco, the head of Italy's influential bishops' conference, denounced what he called a "grave" attack against the Dino Boffo, editor of the Italian bishops' daily newspaper Avvenire, by the Berlusconi family newspaper Il Giornale.

Earlier this month, Il Giornale reported that Boffo had been fined in a plea-bargain several years ago for making harassing calls to the wife of a man in whom he was purportedly

## 'Constructive'

- Cardinal Angelo Bagnasco insisted that the Catholic church aimed to be a constructive presence in the country, a response to critics who say the church intrudes too much in Italian political life with its calls for Catholic politicians to toe church teaching in their public and private lives.

interested.

Il Giornale published the article after Avvenire had demanded Berlusconi answer questions about his own sex scandal, including revelations that women had been paid to attend parties at his residences and that a high-class prostitute had once spent the night with him.

Berlusconi has denied paying anyone for sex and has denounced what he has called a media-driven smear campaign against him.

Boffo acknowledged being fined in the harassment case but said someone else had used his cellphone to make the calls.

Prosecutors maintain Boffo made the calls, but have denied there was any gay angle to the case.

Boffo has insisted that the full court file remain sealed.

The tit-for-tat newspaper attacks strained ties between Berlusconi's conservative government and the Catholic church.

In a speech to the annual assembly of Italian bishops, Bagnasco said the "bitter" episode had "in the end touched us all."

THE ASSOCIATED PRESS

## U.S. may shift focus to Pakistan

**MILITARY** The White House is considering expanding counterterrorism operations in Pakistan to refocus on eliminating al-Qaida instead of mounting a major military escalation in Afghanistan.

Two senior administration officials said yesterday that the renewed fight against the terrorist organization could lead to more missile attacks on Pakistan terrorist havens by unmanned U.S. spy planes. The officials spoke on condition of anonymity because no decisions have been made.

Top aides to U.S. President Barack Obama said he still has questions and wants more time to decide. The officials said the administration would push ahead with the ground mission in Afghanistan in the near future to leave the door open for sending more U.S. troops.

THE ASSOCIATED PRESS

## News in brief

**ARREST** A Haitian man detained in the Florida slaying of his wife and their five children said yesterday that he returned to his native Caribbean nation "to say goodbye to my family." Mesac Damas, who was captured yesterday morning in Port-au-Prince, said in an interview at the police station where he was being held that he had planned to surrender. "I was going to turn myself in," Demas said.

THE ASSOCIATED PRESS

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# Comment & Views

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**Comment**

## Prime minister's socialist hookup

**National Report****Lawrence Martin**

metronews.ca/nationalreport

Everything was going the Conservatives' way. They were building a good lead in the polls. The recovering economy was working in Stephen Harper's favour. Michael Ig-

natieff had nothing in his department store window. His pushing for an unwanted election appeared to be backfiring.

But then, the big retreat. Harper looked at the flavourful prospects, turned and walked away. He caved to NDP demands on employment insurance to avoid going to the polls.

It's not in the prime minister's stern character to back off like that. The prime motivation, it appears, is he decided a majority was not in the offing. To

survive he pretty much needs that majority and he wasn't about to take the risk of not getting it.

Harper didn't suffer for his decision. He could have been whacked for chicken-ing out. He could have been mocked for relying on a coalition of sorts to avoid defeat in Parliament — this, having decried the whole idea of anyone aligning with socialists and separatists. But there's a lot of conservative media in this land. They gave him a pass. Instead, it was the NDP

that — weirdly — took the brunt of the criticism. The New Democrats had been pushing for a more generous EI system. They got the government to come their way. Canadians didn't want an election now. The NDP's acceptance of the PM's reforms avoided one. Good on both counts. But instead of receiving plaudits, the Dippers lost the spin game. Even though their polling is close to traditional levels, they were viewed as being desperate to avoid an election.

It's true the New Democrats had long mocked the Liberals for propping up the government and here was Jack Layton doing that very thing. But, unlike the Liberals, this was only one time. And EI reform was not a bad reason. The party had the image of being knee-jerk — of opposing everything the Conservatives did just for the sake of opposing them. This time they looked to be acting rather responsibly.

As for the Harper Conservatives, they have demonstrated a willingness to compromise and have likely assured themselves another six months in power. They could still be defeated on a confidence vote this fall, but it's less likely.

Harper is gambling that his support will increase in the months to come. He decided that if he had to change his stripes and be in league with socialists, so be it. It's politics. Shift happens.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

**Views**

## 1Mtweets a revolutionary movement

**Dr. Becky Reuber**

We all recognize Canadian inventiveness in cool products like the BlackBerry and Lululemon gear. But yesterday was a watershed day in Canadian innovation with the launch of A Million Tweets to Remember, a movement that is revolutionizing the way social causes connect with online communities.

A Million Tweets to Remember — or 1Mtweets in the online world — seeks to digitally memorialize one

million people who have lived with Alzheimer's disease. Built on Twitter, the 1Mtweets website allows family and friends to tweet about the Alzheimer's sufferer they are memorializing and to make a donation to research on the aging brain.

Tweeters can also create a multimedia web page — called a twibute — for their loved one to expand the thoughts in their tweet. One in three of us knows someone with Alzheimer's and through a twibute we can give our children a portrait of who they once were.

What's groundbreaking about A Million Tweets to Remember is that it un-

leashes the power of social networks for a philanthropic cause. Many of us have joined online communities and even more of us have contributed to charities. The 1Mtweets movement shows how these two aspects of our lives can be brought together.

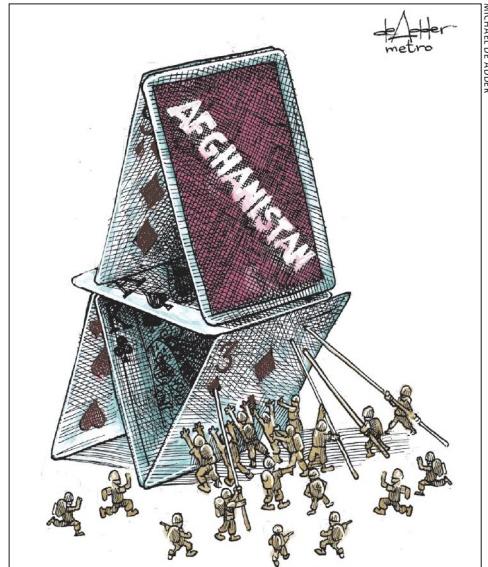
Not surprisingly, then, Jordan Banks, the founder of A Million Tweets to Remember, is a star in both fields. "The sense of community on Twitter is incredible, making it a great resource to raise awareness for Alzheimer's and memorialize those who have lived with this devastating disease," Banks says.

A Million Tweets to Remember will be the largest movement to date on Twitter and will hopefully raise a lot of money for research on Alzheimer's. Most importantly, it will be the largest archive ever created of people with dementia.

Just last week, U.S.-based marketing guru Seth Godin commented on the power of online social communities and asked, "But where are the charities?"

Look north, Seth, look north to Canada. And check out 1Mtweets.com.

Dr. Becky Reuber is professor of strategic management at the Joseph L. Rotman School of Management, University of Toronto.



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**U.S. bill aims to help recession-hit**

A bill proposed in the U.S. would extend unemployment benefits for people in states with high unemployment rates whose benefits will run out by end of September. **THE ASSOCIATED PRESS**

# Business

DOLLAR	GAS	OIL	TSX
US <b>92.81¢</b> US <b>0.67¢</b>	US <b>\$3.576</b> US <b>20.2¢</b>	US <b>\$69.71</b> US <b>\$2.33</b>	11,424.61 <b>21.34</b>

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

**Italy House arrest looms**

Italian businessman Giampaolo Tarantini is seen in a car as he leaves the Bari prison where he was detained yesterday. News reports said Tarantini, who was involved in Prime Minister Silvio Berlusconi's sex scandal, has been placed under house arrest in Rome as part of a drug probe.

## Reichmann exits Canary Wharf Group

**British media report that Canadian businessman Paul Reichmann has given up his stake in the London Docklands development, marking the end of his 22-year involvement with the site.**

According to reports in several British newspapers Songbird Estates has announced that it has increased its shareholding in Canary Wharf Group to 69.3 per cent after acquiring an 8.45 per cent hold-

ing from Commerzbank for 112.5 million British pounds.

Reichmann, 78, was the brains behind the landmark development, a massive complex that covers more than 38 hectares, after brokering a deal with then prime minister Margaret Thatcher in 1987.

The project led his Toronto company, Olympia & York, one of the biggest real estate developers in the world, into bank-

ruptcy in 1992. He fought back, reacquiring Canary Wharf from banks in 1995.

THE CANADIAN PRESS

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Learn how to scan the barcode with the instructions at the top of pg 3

**Business in brief**

**REAL ESTATE** The amount of empty office space across Canada continued to rise in the third quarter due to higher

unemployment in white-collar industries and excess inventory in some cities, a new report shows. Vacancy rates for com-

mercial real estate are expected to keep rising in 2010, CB Richard Ellis Ltd. said in the report.

THE CANADIAN PRESS

Former Norbourg president pleads guilty to 200 criminal charges

**MONTREAL** After spending years steadfastly proclaiming his innocence, accused trust-fund scammer Vincent Lacroix shocked a courtroom yesterday by pleading guilty to 200 fraud-related charges.

The former head of Norbourg Inc. entered the pleas in Quebec Superior Court and immediately was sent to prison.

He apparently came to court prepared. He was totting a gym bag and wearing running shoes and a casual sweater.

Sentencing arguments will be heard Friday. Jury selection will continue for the five other co-accused in the case.

THE CANADIAN PRESS

## Car Insurance Roadblock

**Consumers concerned insurers don't want drivers with tickets or accidents**

### Worried Your Spotted Driving Record Means You've Got Nowhere To Turn For Car Insurance?

Don't be. While it's true that, all things being equal, your tickets and accidents make you a more expensive risk to insure than a similar car and driver with a clean driving record, that doesn't mean you should have trouble finding insurance – assuming you know where to look. Different insurance companies target different types of business and this is reflected in things like their claims service, marketing efforts, discounts, and most importantly for you, their rates.

### Should I Just Accept That I'll Have To Pay A Bundle?

No. Sadly, this is a mistake many drivers make and it can be a costly one, especially if they don't bother to shop around for the lowest rate available. The key to finding the best rate, especially if you have tickets or accidents on your driving record, is to figure out which insurance company of the more than 20 in Alberta has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

### Start Saving Your Money Now.

InsuranceHotline.com puts you in the driver seat by making insurance companies compete for your business. With quotes from over 20 of the top insurance companies, InsuranceHotline.com is the simplest and easiest way to make sure you aren't overpaying for your car insurance – and it's completely FREE to use. So what are you waiting for?

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**PROTECT Yourself & Even PROFIT In Today's Volatile Market**

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You need solid information that can help YOU TAKE CHARGE and PROTECT your own financial future.



### RICH DAD HAS A PLAN – LISTEN TO HIM WHILE THERE'S STILL TIME

Robert Kiyosaki, author of the runaway bestseller *Rich Dad Poor Dad*, saw this crash coming six years ago! He wrote about it in his book, *Rich Dad's Prophecy*. That book not only said the biggest stock market crash in history was coming – it also outlined a plan to prepare yourself and potentially profit from it.

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Robert Kiyosaki will not attend this workshop.

## IRS extends amnesty deadline for dodgers

**TAXES** Tax dodgers who hid assets overseas will get a few extra weeks to apply for an amnesty program that has been flooded with applications ahead of tomorrow's deadline.

The Internal Revenue Service said yesterday the deadline will be extended until Oct. 15.

More than 3,000 Americans have applied for the program, which promises no jail time and reduced penalties for tax cheats who come forward, said a government official who spoke on condition of anonymity because he was not authorized to speak on the record ahead of the public announcement.

The IRS is extending the Wednesday deadline to give a rush of applicants more time to prepare their paperwork.

The IRS long has had a policy that certain tax evaders who come forward before they are contacted by the agency usually can avoid jail time as long as they agree to pay back taxes, interest and hefty penalties. Drug dealers and money launderers need not apply. But if the money was earned legally, tax evaders can usually avoid criminal prosecution."

Fewer than 100 people apply for the program in a typical year, in part because the penalties can far exceed the value of the hidden account, depending on how long the account holder has evaded U.S. taxes. But in March, the IRS began a six-month amnesty program.

THE ASSOCIATED PRESS

Nortel Networks Corp. announced plans to sell its Carrier Networks business in an auction. The assets include software to support the transfer of data over existing wireless networks and the next generation of wireless technology. THE CANADIAN PRESS

# Female trader files suit against RBC

Top performer claims gender bias over dismissal after dating alleged Ponzi schemer

A top-performing female trader has sued RBC Capital Markets for gender bias over her dismissal, which she said stemmed from her dating a hedge fund manager later charged with fraud for running a Ponzi scheme.

In a lawsuit filed late Friday with the U.S. District Court in Manhattan, the trader, Lindy Boville, accused RBC of using her relationship with James Nicholson as a pretext for firing her in March 2009 and assigning her accounts to male colleagues.

The Toronto resident, who had worked in RBC's New York office, said she dated Nicholson on and off between March 2008 and February 2009 but had no business dealings with him.

She said male colleagues who did work with Nicholson were not punished by RBC, a unit of Royal Bank of Canada.

Nicholson ran Westgate Capital Management LLC in Pearl River, N.Y., prior to his Feb. 25 arrest.

A grand jury in April indicted him for fraud for

### Claims

- The lawsuit also said that prior to being fired, Lindy Boville was subjected to repeated advances and graphic comments about her appearance by male colleagues at RBC. She accused one of using a made-up word "sensy" rather than "sexy" to describe her clothing so that RBC's monitoring system would not pick up his language.

running an alleged Ponzi scheme since 2004 that

caused \$150 million of investor losses.

Boville said RBC later filed a termination notice that falsely said she "showed poor judgment in financing efforts for hedge fund."

This notice has made it hard for her to find a new job and caused one employment offer to be rescinded, she said.

In response to the lawsuit, RBC spokesman Kevin Foster said in an email: "Ms. Boville showed poor judgment in helping Jim Nicholson raise money for

his hedge fund and failing to disclose her activities to her supervisors. It is irrelevant that she had a personal relationship with Nicholson, and she should have told RBC what she was doing."

A lawyer for Nicholson did not immediately return a call seeking comment.

The lawsuit said Boville joined RBC in September 2007 after being heavily recruited by the Canadian bank and by Goldman Sachs Group Inc.

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## Shares in diamonds firm double after Nunavut find

**MINING** Shares in Peregrine Diamonds Ltd. more than doubled yesterday after the company announced the discovery "of large diamonds and a coarse diamond size distribution" at its Chidliak project on Baffin Island, Nunavut.

The Vancouver-based miner reported the discovery of seven additional kimberlites on the 9,800-

square-kilometre Chidliak project, 120 kilometres northeast of Iqaluit.

The latest discoveries bring to 16 the total number of kimberlites discovered to date on the project.

Peregrine shares closed up 96 cents, or 107.8 per cent, yesterday at \$1.85 on the Toronto Stock Exchange.

THE CANADIAN PRESS

## Business in brief

**ALTAGAS** Shares of AltaGas Utility Group rose nearly 16 per cent yesterday after AltaGas Income Trust sweetened its offer for all outstanding common shares of the Utility Group that

it doesn't already own. The new offer of \$10.50 a share is 16 per cent above the income trust's original bid of \$9.05 a share.

THE CANADIAN PRESS

## London For arts' sake



The mayor of London, Boris Johnson, poses for photographs yesterday beside a bust of William Stuart, archbishop of Armagh, at the Victoria and Albert Museum in London during an event to warn against cuts in spending on the arts and culture.

MATT DANIELS/THE ASSOCIATED PRESS

## U.S. activity forecast rises for fifth time

**ECONOMY** A private forecast of U.S. economic activity rose in August for the fifth straight month, the latest sign the recession has ended. The Conference Board leading indicators point to an economy on solid ground early next year, though some analysts caution that a rising unemployment rate will restrain growth.

The Conference Board said yesterday its index of leading indicators rose 0.6 per cent in August. That follows a 0.9 per cent gain in July revised up from 0.6 per cent. Economists surveyed by Thomson Reuters had expected a 0.7 per cent gain last month.

The indicators are designed to project economic activity in the next three to six months. The August results support many analysts' projections that the economy started growing again in the current July-September quarter and will continue to gain in the fourth quarter.

Federal Reserve Chairman Ben Bernanke last week said the recession was "very likely over."

The recession's end "is no longer a source of heated discussion ... but whether or not the economy can keep grinding forward (and at what speed) is still a big question mark," Jennifer Lee, an economist at BMO Capital Markets, wrote in a note to clients yesterday.

Analysts worry that any economic growth will falter as unemployment rises from the August rate of 9.7 per cent to above 10 per cent.

THE CANADIAN PRESS

BMO 1.0%	CIBC 0.75%	HSBC 0.8%	ICICI 1.4%	ING 1.05%
PCF 0.75%	RBC 0.75%	SBIC 1.25%	Scotia 0.75%	TD 0.75%
				Interest rates/ Savings accounts

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## AlisonOnMoney

Alison  
Griffiths

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## Can you afford to buy a home?

### Alison's Money Rule:

- Don't even think of making an offer on a house or condo until you've completed a Can I Afford My Home budget.

est rate and can work out payments. Don't forget the land transfer tax. Go to realtor.ca and use the mortgage and tax calculators for properties in your price range. Add legal costs and insurance if you have a high ratio mortgage.

You have your expected mortgage payment — next, move on to your monthly housing nut. This includes condo fees, parking, property tax and insurance.

A call to your current agent can get you a rough insurance figure and a search of MLS listings in the area will do the same for taxes. Estimate utilities. You should also count on spending on maintenance, repairs and decorating.

Now you have your monthly figure — ask yourself, can I afford it? If yes, go home shopping. If no, adjust your price point.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the N Network. Write to her at alison@alisongriffiths.ca.

## Guidelines for caregivers

### Money Matters



**Q** Three months ago, my widowed father hired a caregiver who comes to his condo. She cooks, cleans, runs errands and is great for company. My father is 74 years old and legally blind with some physical disabilities. Recently, I was looking over his last bank statement and noticed several withdrawals that I asked him about. He was unable to explain what they were for. The caregiver helps him sign cheques and has access to his bank PIN. What can I do, so this does not happen again?

— Terry

**A** Good caregivers do become very close to their charges. They take over roles that

were previously performed by family members. That said, an employer and employee can have a cordial relationship, as in any business. But there must be guidelines and controls in place to protect and benefit both parties.

It is in your father and caregiver's interest to maintain a professional employer-employee relationship. The caregiver should not be given responsibilities beyond what she was hired. It is not fair for her to take on tasks where her character and integrity may be in question.

Power of attorney to access bank accounts should be restricted to the bank holder or a family member. Unauthorized individuals should not use bank cards and PINs.

Unfortunately, when you are dealing with money, it tends to disappear faster than a magician's sleight



### Family ties

Family members should check regularly:

- Banking access and authorization.
- Changes to wills, etc., with lawyers.
- Investment accounts.
- Accountants and financial advisers.

of hand, now you see it, now you don't. What follows are horror stories by worker and employer alike. Family members must take a more active role. Great as they may be, "caregivers do not a family make."

To avoid penalties by Canada Revenue

Agency, caregivers should be on the payroll and file remittances periodically. T4s should be issued at year-end.

Contact CRA or a tax professional who can advise you.

Henry Choo Chong, CGA, can be reached at choochonghga@yahoo.ca.

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Direct investing can help you lower your cost of investing.

# Take control of your money

RAFAEL BRUSILOW

for Metro Canada



**The rewards of good investments are well-known, but if the mandatory costs of investing feel daunting, it could be time to cut out the middleman and take command of your own money.**

If you like taking the reins of your own invest-

**"There are substantial savings for investors who are willing to do their own research and make their own decisions."**

Jason Storsley, CEO of RBC Direct Investing

ments and like seeing as little of your hard-earned money go to waste as possible, direct investing online can help you lower your cost of investing substantially while letting

you build your success one trade at a time.

Jason Storsley, president and CEO of RBC Direct Investing, says buying and selling stocks and other investments yourself is easier than ever because online brokerage tools have become more sophisticated and accessible.

"The development of the Internet has certainly shaped the way consumers get information, and there are more ways than ever to get started and succeed.

"It has never been easier to become a direct investor," Storsley said.

High-priced commission fees may have kept some people away from the prospect of direct investing in the past, but fees have dropped off about 47 per cent since 2005.

Direct investors who trade frequently with RBC can even achieve rates as low as \$6.95 or \$9.95 per month — a huge savings over RBC's standard commission fees of \$28.95 per month.

"There are substantial savings for investors who are willing to do their own research and make their own decisions," Storsley said.

"The lower fees can have a great impact on the bottom line and it adds up over time for sure," he added.

The sheer wealth of online investment research tools available, from price performance trackers to professional investment comparison tools, can give you a more informed and impartial view at the big investment picture — as long as you are willing to study the numbers yourself.

"With an adviser, you will get that adviser's view," Storsley said. "With the online site, you'll get to take a look at everything available and perhaps make a more informed decision."

For investors who dabble in mutual funds and want to keep their portfolios filled while they save, RBC offers a special line of Series D funds, which feature management expense ratios (MERs) frequently rated at half or better than the industry average. They also incur no service charges, no transaction fees and no load — that means lower

## What's the cost?

The cost of investing is a huge factor in making your investment decisions and direct investment options at RBC can help take substantial cost out of the equation.

- Low per-trade direct investment fees:** Make 30 or more trades each quarter to score a \$9.95 per-trade commission rate with an RBC Direct Investing account. Make 150 or more trades in the same period to garner an even more frugal \$6.95 rate per trade — the more you trade, the more you save.

- Half-sized fees for full-sized returns:** RBC Series D mutual fund options for direct investors let you invest under a fee structure that averages half the industry standard with no load, service or transaction fees added, meaning your money works for you with less going to waste.

- Practice makes perfect:** A practice account at RBC lets you test the waters and build confidence in your investment ideas without having to risk a single cent, all while using all the same sophisticated tools you'd use to make a real investment.

investment fees for the same investment dollar, a great offering that Storsley expects will strike a chord with seasoned investors.

"We've seen a huge erosion of wealth and investors have become more conscious of it," Storsley said.

"They're looking for less expensive ways to get the same options they would have in the past."

For first-time investors or those who don't feel quite ready to re-invest just yet, an RBC practice account can be an ideal way to test-drive your investment ideas and ambitions without having to worry about making mistakes. Opening a practice account is completely free and gives you \$100,000 in practice money to invest however you'd like, while using all the exact same tools, resources and calculations as a real-money account.

"It's a great way to experience real investing without having to risk real money, and it can really help you build confidence. It gives you a risk-free environment to test your investment strategies," Storsley said.



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**Favre will play despite bent fingernail**

Brett Favre's streak is not in danger: He has a bent fingernail. Favre's throwing hand was clearly hurting after his last throw for Minnesota in Sunday's win over Detroit. Favre has started 271 straight regular season games, believed to be an NFL record. **THE ASSOCIATED PRESS**

# Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

## Blue Jays Come out swinging



Blue Jays batter Adam Lind follows through on his two-run infield single against the Baltimore Orioles during the third inning of yesterday's contest at Toronto's Rogers Centre. The Jays beat the Orioles 9-2.

**Henin to come back?**

Former top-ranked player Justine Henin, left, will announce her comeback to competitive tennis today according to two top Belgian newspapers. Her spokeswoman did not return phone calls and Henin's own website had no comment on the rumours. Last year, Henin shocked the tennis world by announcing her retirement while still ranked No. 1. **THE ASSOCIATED PRESS**

# Playing unfairly?

Canada's sense of sportsmanship facing criticism

VANCOUVER  
2010 GamesKRISTEN THOMPSON  
Metro Canada

**The desire to win at next year's Winter Olympics has outstripped Canada's sense of sportsmanship, according to the executive director of USA Luge.**

Ron Rossi says a 30-year-old agreement between the American and Canadians — in which both nations allowed each other's teams unprecedented access to their luge tracks — has fallen apart.

Canadian lugers were al-

lowed as many as 500 extra training runs in Salt Lake City, but Americans have only been offered 18 training runs on 2010 tracks, Rossi said.

"The Canadians have given out the proper amount of training that's prescribed in the rule book," he said. "But we've had a relationship, and it's been rendered of no value. I guess I take it a little personally."

"The desire of winning has outstripped the honour of sportsmanship," Rossi added.

American long-track speed skaters are also complaining of similar parsimony.

**No gold at home**

- Canada has failed to win a gold medal at both Olympics on home soil — Montreal in 1976 and Calgary in 1988.

In the year leading up to the 2002 Winter Games, foreign skaters were given unlimited training access at the Utah Olympic Oval, said Marc Norman, facility operator at the venue in Salt Lake City.

He said it's "a little surprising" the Richmond Oval has only given foreign skaters two weeks to train.

VANOC CEO John Fur-

long said the organizing committee is playing by the rules and is simply ensuring our athletes benefit from home field advantage.

"Foreign athletes are getting fair access," he said, adding it's standard for the home country to have home field advantage.

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**14 sports****Sports in brief**

**SEAHAWKS** Seattle coach Jim Mora confirmed yesterday that quarterback Matt Hasselbeck has a fractured rib. The coach

also says that the Seahawks have to prepare as though they won't have Hasselbeck for Sunday's game against the

Bears. Backup Seneca Wallace would play if Seattle's three-time Pro Bowl quarterback can't go. THE ASSOCIATED PRESS

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Top-seeded Rafael Nadal has pulled out of the Thailand Open due to an abdominal injury that his doctor said will require at least two weeks of rest. The tournament runs from Sept. 26-Oct. 4. THE ASSOCIATED PRESS

**Nadal pulls out of Thailand Open**

DOUG BENO/CITY IMAGES



Miami running back Ronnie Brown runs away from Indianapolis defenders Keyunta Dawson, left, and Tyjuan Hagler last night in Miami.

## Colts down Dolphins

### NFL RESULT

**Indianapolis 27 Miami 23**



While the Miami Dolphins' celebrities were making a Hollywood-style grand en-

trace, Peyton Manning slipped in a side door.

Manning threw two touchdown passes to take some sheen off the Dolphins' glitzy makeover under new owner Stephen Ross, and the Indianapolis Colts came from behind four times to win 27-23 last night.

The Dolphins rolled out

an orange carpet for the pre-game arrival of Ross' celebrity partners, but Manning stole the show with touchdown passes of 80 yards to Dallas Clark and 48 yards to Pierre Garcon. The first came on the first play from scrimmage, the latter with 3:18 left for the game's final points.

THE ASSOCIATED PRESS

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the  
**Bay**

Capture the romance of Paris with Quo's new limited edition Eiffel Tower Lipstick (\$15). It is a lip gloss and liner in one (the liner is concealed in the cap). It is available in six shades. Available at Shopper's Drug Mart. METRO NEWS SERVICES

# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Separate beds ... sound sleep

Shared bed may not be healthy, says study

### The J Spot

**Josey Vogels**

metronews.ca/thejspot

**B**eyonce and hubby Jay-Z made it trendy when it was rumoured that they sleep separately, even going so far as to rent separate hotel rooms when they travelled together.

But now, it's scientific fact. Sleeping together may actually be bad for your health.

Sleep specialist Dr. Neil Stanley, head of one of Britain's leading sleep labs, recently told the British Science Festival that while couples believed they slept better with their partner, evidence has proved that couples suffer 50 per cent more sleep disturbances if they share a bed.

The resulting lousy night's sleep can be linked to everything from depression to heart disease, strokes, traffic and industrial accidents and even divorce.

Of course, this news goes against conventional wisdom. As a culture, we believe that separately is a

sign of trouble in paradise that leads to marital doom.

But Stanley, who sleeps separately from his wife, says that historically, couples sharing a bed wasn't even common until the industrial revolution, when people moved to overcrowded towns and cities and living space was limited.

In ancient Rome, for example, the marital bed was for one thing, and that wasn't sleeping.

I've long believed that sleeping apart - even having separate bedrooms - can actually be good for a relationship. Not only do you get a decent night's



Recent evidence shows that couples suffer 50 per cent more sleep disturbances if they share a bed.

sleep, but you get your own space when you need it, and you can relish in the excitement of sneaking into each other's room just like when you were just dating and your par-

ents made you sleep in separate bedrooms when you stayed with them.

**Josey Vogels** is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

### Go ahead: Be a little naughty

**BEHAVIOUR** Go ahead. Do something spontaneous and different!

Misbehaving, especially if you never do it, is good for your health, according to Psychology Today magazine.

Most of us are afraid to step outside our regular routine and suddenly fly to Mexico on a dare or call in sick and play pool all day.

But occasionally breaking the rules or doing something unusual — as long as it is not harmful — helps us to become more creative, successful and happy.

It forces us to decide whether our chosen path is the right one, and make adjustments.

Go for it, but don't say you read it here!

**CELIA MILNE/**  
**FOR METRO CANADA**

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## Makeup fit for a queen

**BEAUTY** Get the royal treatment with a new decadent makeup collection inspired by the lavish extravagance of the noble class.

For its new Reign fall 2009 colour line, Smashbox Cosmetics turned to the luxe and indulgence of the Tudor era — mixing traditional bourgeoisie with a contemporary twist.

Fall must-haves include the doubletake lip colour (\$25); a lip pencil on one end and luxurious creamy colour on the other. Available in Currant (matte deep berry) and Amaretto (matte peachy pink).

The Crowned-coloured lipgloss (\$22) will have you

shining like a queen with its shimmery peachy pink glow.

And has all the scandal and desire left you blushing yet? Try the Fusion Blush (\$37) in Regal, a matte peachy nude/shimmering peachy nude.

And last but not least, the mystery lies in the eyes.

Create a sultry look with the Smashbox eyeshadow palette in Crowned (\$22).

palettes (\$48 each) in Majesty (champagne, fuchsia and black) or Monarch (gold, copper and brown).



The baked shades offer six colours in total (three matte and three shimmer), which can be worn wet or dry.

The blush and eyeshadow palettes feature a mirror and faux-leather packaging embossed with a Smashbox crest.

Smashbox products are available at select Shoppers Drug Mart stores, Murale stores and Sephora.

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**It's important ... but I don't do it**

Having a healthy diet is "very important" to a majority of Canadians — 85 per cent to be exact, according to Bensimon Byrne's latest Consumerology Report. Almost a third of Canadians who think a healthy diet is very important don't believe that they have a healthy diet. METRO NEWS SERVICES

# Food

**"Even though I know the booze business is a trend-driven machine, I'm still surprised at how many 'next big thing' wine brands just come and go."**

PETER ROCKWELL, METRO COLUMNIST



## Online

Read the rest of Peter Rockwell's Liquid Assets column on metronews.ca/liquidassets

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Personal Gourmet recipe of the month

ROSE REISMAN

# Breakfast for success

We all know that breakfast is the most important meal of the day. Unfortunately, more than half of us skip it due to a variety of reasons.

All of us, and especially children of school age, need to eat healthy, balanced diets to give them the energy and brain power to get through their days. However, that doesn't often happen.

Having raised four children, I know that nutritious meals are key to healthy and energetic children, so this year I have become the new spokesperson for the national Breakfast for Learning founda-



Rose's Whole Wheat Nut'n'Fruit Granola

tion, an organization that focuses on educating children on nutrition in our schools.

Here's one breakfast recipe to get you started:

### Rose's Whole Wheat Nut 'n' Fruit Granola

You'll never want to eat packaged granola again after you try this. This is the number-one breakfast

food in my catering company. It also has fewer calories and less fat than other granolas due to a smaller amount of oil and the use of apple juice and maple syrup. Serve with yogurt or milk.

PREP TIME: 15 MINUTES

COOK TIME: 35 MINUTES

MAKES 4 CUPS

#### INGREDIENTS:

- 2 cups large rolled oats
- 1/2 cup whole wheat flour
- 1/2 cup packed brown sugar
- 1 tsp cinnamon
- 1/2 tsp ground ginger
- 3 tbsp vegetable oil
- 1/4 cup apple juice
- 3 tbsp maple syrup
- 1/2 cup chopped nuts of your choice
- 1/4 cup chopped dried apricots
- 1/4 cup chopped dried cranberries

#### METHOD:

Preheat the oven to 300°F. Line a baking sheet with foil and spray with vegetable oil.

Combine the oats, flour, brown sugar, cinnamon, ginger, oil, apple juice, maple syrup and nuts in a large mixing bowl and stir to combine.

Spread the mixture out on the prepared baking sheet and bake for 35 min-

#### About Rose



Rose Reisman is an author, media personality, nutritionist, and the inspiration behind a fresh food delivery service, Personal Gourmet, and new website, The Art of Living Well. Visit Rose at [rosereisman.com](http://rosereisman.com) & [personalgourmet.ca](http://personalgourmet.ca)

utes, tossing once to prevent burning.

Remove the granola from the oven and let it cool to room temperature. Add the dried fruit and stir. Store in an airtight container.

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Five hundred days of summer – plus one day of marriage. Zooey Deschanel, 29, and Death Cab for Cutie singer Ben Gibbard, 33, tied the knot Saturday night near Seattle, her rep tells PEOPLE. METRO NEWS SERVICES

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Dancing her way to Fame

Remake appeals to younger audience, says star Kherington Payne

CHRIS ALEXANDER  
for Metro Canada

**Back in 1980, when maverick U.K. filmmaker Alan Parker released his immensely popular, generation defining musical drama *Fame*, times were considerably different.**

The movie examined the lives of a select group of young aspiring performers at New York City's High School for the Performing Arts, giving people an intimate — often off-colour — but always honest portrait of the dreams and passions of youth.

Next week sees the release of the glossy, state-of-the-art remake of *Fame*, a film that is being billed as a "re-imagining" of the source. And while this *Fame* still touches on the same themes and high-energy performances, the novelty may have worn off a bit, especially in this age of reality TV equivalents *American Idol* and more resonantly, *So You Think You Can Dance*, a program that co-star Kherington Payne is more than a little bit familiar with.

"I think we had to take a different approach than the original did," Payne, who herself was a top 10 finalist and fan favourite on *So You Think You Can Dance* last year, says.

"The world of the per-



Kherington Payne stars in the remake of *Fame*, opening Friday.

forming arts isn't as secret as it was when the first film was released. Things have changed so our *Fame* is a fresh perspective."

One of the major differences between the two

versions is the target audience. The original picture was rated R due to the level of frank language and sexuality, the new version opts for a lighter approach.

"This is a PG all the way," says Payne.

"The movie is designed for families, to inspire kids of all ages and

"Rejection hurts, I won't lie," says the newly minted actress.

"But you can't let it get you down. Really, it thickened my skin and without it, I wouldn't be where I am now."

**Fame opens in theatres this Friday**

### Movie feature

**"The movie is designed for families, to inspire kids of all ages and just be entertaining without offending anyone."**

Kherington Payne

just be entertaining without offending anyone."

In *Fame*, Payne was chosen from a staggering array of hopefuls to play the beautiful, leggy dancer Alice. But her presence, good looks and most importantly, her impossibly accomplished skills as a dancer shone through. When she was voted off *So You Think You Can Dance*, it was a shock, both for audiences who believed she'd go all the way and for Payne herself. But, despite her public heartbreak, she rebounded spectacularly and regrets nothing.

### BOOKS

Margaret Atwood and Anne Michaels headline a Scotiabank Giller Prize long list that boasts 10 female writers and just two men.

Atwood is in the running for *The Year of the Flood*, about the near demise of humanity, while Michaels is up for *The Winter Vault*, her first novel since 1996's acclaimed *Fugitive Pieces*.

The short list will be announced Oct. 6 while the winner is to be unveiled Nov. 10.

The Giller Prize is worth \$50,000.

The men on the list are CBC journalist Linden MacIntyre for his novel about religious scandal entitled, *The Bishop's Man*, and Colin McAdam for his novel, *Fall*.

This year's jury is made up of short story writer Russell Banks, British author Victoria Glendinning and Canadian writer Alastair MacLeod.

THE CANADIAN PRESS



Margaret Atwood



Anne Michaels

### Atwood, Michaels make Giller long list

Mar-  
garet  
Atwood and  
Anne  
Michaels  
headline a  
Scotiabank  
Giller Prize  
long list  
that boasts  
10 female  
writers and  
just two  
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**Blunt takes on downloading**

Singer James Blunt is no fan of pirates. Not the swash-buckling brand — the piracy on Blunt's bad side involves illegal downloads. The singer has backed Lily Allen's push to create legislation that will eradicate the practice. **METRO NEWS SERVICES**



# F--ked Up take Polaris Prize

## Hardcore band picked by critics for \$20,000 award

**BRYAN BORZYKOWSKI**  
for Metro Canada

**The Polaris Music Prize might not be the most well-known music award in Canada, but for Toronto hardcore band F--ked Up, it's the only one that matters.**

The six-piece, which released *The Chemistry of Common Life* last October, won the fourth annual prize at a gala event last night. Besides the album being crowned the best disc of 2008-09, the group takes home a \$20,000 cheque.

While the money helps, it's the international acclaim that comes with the award that's the real prize. Unlike the Junos, the nominees for the annual prize are mostly under-the-radar acts — nominees such as Hey Rosetta!, Malajube and Chad VanGaalen aren't

selling thousands of records — so increased attention is a major career boost for these musicians.

Last night, the award was handed out for the fourth time at a glitzy gala hosted by CBC Radio 3's Grant Lawrence and Much-Music's Sarah Taylor. And while there was only one winner, it was still a successful night for all of the 10 nominated acts.

That's because the gala, which was broadcast live on Sirius Satellite Radio and [muchmusic.com](http://muchmusic.com), included performances from the 10 artists. Each act ran through two songs, and while they were all engaging, standouts included an acoustic version of Metric's Help, I'm Alive Off Fantasies, Great Lake Swimmers' sweet folk tune Still, and Joel Plaskett's haunting rendition of Heartless, Heartless, Heartless.

Besides the aforemen-



Toronto hardcore act F--ked Up won the Polaris Prize, awarded last night.

tioned acts, other nominees included Toronto folk group Elliott Brood, Soma-li-born rapper K'Naan and 2007 Polaris winner Patrick Watson.

This is actually the first time in the prize's history that past nominees — like K'Naan, Malajube and Metric — have been up for the

award again.

Helen Spitzer, one of the 182 Canadian journalists who cast a vote in July to determine the long and short lists (11 of the jury members picked the winner), says having repeat artists is both a plus and a negative for the award.

"It says that jurors across

the country need to be digging a little deeper and getting outside of their comfort zone as far as the music they listen to goes," she said.

"But at the same time, I think both the Metric and Patrick Watson records are significantly better than previously nominated al-

### Polaris winners

- 2006 — Final Fantasy, He Poos Clouds
- 2007 — Patrick Watson, Close to Paradise
- 2008 — Caribou, Andorra
- 2009 — F--ked Up, The Chemistry of Common Life

bums."

As always, the competition was fierce. Joel Plaskett's album might be the most ambitious record — he wrote 27 songs, mostly about life on the road and coming home — but Metric's solid new-wave effort, their best since 2003's *Old World Underground*, and K'Naan's cross-genre hip-hop release, are packed with stellar songs from front to back.

No one would argue that every artist deserves the cheque, but F--ked Up's pop-meets-hardcore disc was one of the most refreshing and original albums of the year — so it's no surprise they took the prize.

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Supermodel Gisele Bündchen has a new gig: United Nations goodwill ambassador for the environment. "I'm really honoured to have received a call from the UN to spread the message about climate change in the world," she told reporters. **PEOPLE.COM**

# Summer of Death '09

We had been told to expect the deaths of the famous to come in threes, not in the dozens.

But all through the summer of 2009 came a ceaseless and sombre drumbeat, as idols passed away. From Walter Cronkite to Sen. Ted Kennedy, the nonstop loss of luminaries continued almost as if a seasonal occurrence — as summer as hot dogs and humidity. News outlets went heavy on coverage for the many others who passed, most notably Michael Jackson; a

**"Twitter feeds go out. Every death seems to become more of a tempest rather than just the simple news of what it is."**

Adam Bernstein, obituary editor

Pew Research Center poll in July found that 64 per cent of those surveyed thought the media blitz was overdone. Collectively, it made the constant commemorating hard to escape, especially for anyone active on social networks and the web.

"It's relentless because of

the impact of the Internet," said Adam Bernstein, the obituary editor of the Washington Post. "Twitter feeds go out. Every death seems to become more of a tempest rather than just the simple news of what it is."

Still, the parade of deaths was unusual. The phrase "summer of death" popped up, perhaps first used by New York magazine, which cheekily claimed the trademark. There's no particular reason for such an aberration; the death rate is typically higher during winter.

Two icons of Generation X died. First was the news that Farrah Fawcett, the '70s sex symbol and Charlie's Angels star, had died of cancer at 62. Later on in the day came the more unbelievable reports that Jackson had died.

August saw the death of Brat Pack film writer-director John Hughes at 59, Special Olympics founder Eunice Kennedy Shriver and her brother Edward M. Kennedy at age 77.

On Aug. 28 followed Adam (DJ AM) Goldstein, the 36-year-old disc jockey. Other passings this sum-



mer: Actor David Carradine, 72, Johnny Carson's sidekick Ed McMahon at 86, premier TV anchorman Cronkite, Patrick Swayze last week, and folk singer Mary Travers.

No one who ever picked up a guitar, danced to Thriller, watched a quality TV news broadcast or laughed through a coming-of-age comedy could have failed to feel the loss.

Autumn can't come soon enough. **THE ASSOCIATED PRESS**

## Beautiful Life at Western Music Awards

**BIG WINNER** Beautiful Life continues to take Doc Walker for a helluva ride.

The song by the Manitoba trio was named country recording of the year Sunday night at the Western Canadian Music Awards.

It capped a triumphant week for the band, which also won group of the year at last week's Canadian Country Music Awards.

Winnipeg's Romi Mayes captured songwriter of the

year and roots solo recording of the year — both for the song Achin in Yer Bones.

They were among 22 different artists up for awards in 14 different categories at the seventh annual show, at the Manitoba Centennial Auditorium.

Marianas Trench won pop recording, Eagle and Hawk took aboriginal recording, and Theory of a Deadman won rock recording. **THE CANADIAN PRESS**



Among the celebrities that died this summer are, above, Michael Jackson, and left, Farrah Fawcett and Adam (DJ AM) Goldstein.

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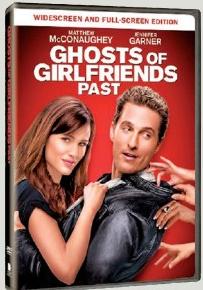
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**Uncle Jack returning to Gossip Girl**

Jack Bass, the devious uncle of Gossip Girl's Chuck (Ed Westwick), is set to return to the show later this season, TVGuide.com has learned exclusively. "I will be back this year," says Desmond Harrington, who plays the character. **TVGUIDE.COM**

**DVD picks****Ghosts of Girlfriends Past**Director: **Mark Waters**

**MATTHEW MCCONAUGHEY** is a cad and a bounder in this update of Charles Dickens' A Christmas Carol, and here's where things gets interesting.

He deliberately curdles his cuteness, a risky thing for an actor who depends on it. His loathsome Connor Mead uses his good looks to attract, use and then discard women.

He's jousting with Jennifer Garner and bantering with Michael Douglas, but he's ripe for comeuppance, and he's about to get it the way Ebenezer

Scrooge did.

The ending is never in doubt, yet even knowing all this, Ghosts is a pleasure to watch. No recent romcom has had such wicked fun with formula, and a lot of this is due to the script by Jon Lucas and Scott Moore, who also co-scripted The Hangover. For director Mark Waters, it's a return to Mean Girls sharpness.

Most of all it's a roll of the dice for McConaughey, who risks losing his audience by playing a character who is so hard to like.

There are no special features.

**Observe and Report**Director: **Jody Hill**

A SICK AND UNFUNNY fantasy about a loathsome small cop named Ronnie Barnhardt, played against type by the usually adorable Seth Rogen, whose oversized ego is the inverse of his crew-cut-covered pea brain.

Consumed by rage and feelings of inadequacy — he lives at home with his drunken mom (Celia We-



ston) — the tightly wound Ronnie treats his suburban Forest Ridge Mall as a battlefield. Barnhardt advocates using guns, Tasers and billy clubs to settle any dispute, big or small.

It beggars credulity to think a man this unhinged would be allowed in a civilized society to get away with the sociopathic acts Ronnie commits — which include date rape, scores of brutal beatings (police officers included) and possibly even a few killings (he brags of six).

Writer/director Jody Hill (The Foot Fist Way) evidently intends his film to be satirical. But satire, even the absurd variety, requires intelligence to

succeed. Yes, this is no Paul Blart: Mall Cop.

Extras include three featurettes, a gag reel and commentary by Jody Hill, Seth Rogen and Anna Faris.

**O'Horten**Director: **Bent Hamer**

**BENT HAMER'S** latest distillation of Scandinavian wit is a bit o' wintry whimsy about a retired train driver who goes off the rails as soon as he leaves the track.

Odd Horten (Bård Owe) is great at keeping schedules but lousy at making connections. He's driven the Oslo-Bergen run for more than 40 years, content to keep going back and forth with nothing more than his pipe to keep him warm at nights.

Until the night of his final run, when O'Horten discovers the train of life doesn't need a destination.

Hamer has an ideal accomplice in actor Owe, who wraps O'Horten in a snuggly sweater of mystery yet still conveys the fire within.

Peter Howell/for Metro Canada

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**Emmys audience grows on TV**

**STATS** The Emmy Awards can boast of an audience bigger than it's been in three years, despite some tough competition from pro football.

The Nielsen Company estimates that 13.3 million people watched Sunday's Emmy telecast. That's one million more than last year's show, which was the least-watched Emmys ever, and the most since the 16.1 million who watched in 2006.

This increase came despite a Giants-Cowboys game on NBC that scored the best overnight ratings of any prime time pro football game in 11 years.

THE ASSOCIATED PRESS

**Kenya's Style****Kenya Hunt**

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ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/22/09												
news	primetime											
	2 CFRN 239 318 etalk			Hollywood	You Can Dance			Law & Order: SVU	The Mentalist (N)			CTV News
	3 KHO - 370 News (N)			Be-Millionaire	Jeopardy! (N)	Wheel-Fortune		The Biggest Loser (N)				Jay Leno Show
	4 CBXT - 307 Wheel-Fortune			Jeopardy! (N)	Rick Mercer	22 Minutes		Being Erica (N) (DVS)	CBC News: The National			The Hour
	6 KREM - 372 News			Hollywood	The Doctors			NCIS (N)	NCIS: Los Angeles (N)			The Good Wife
	7 CKEM 241 347 (6) Hell's Kitchen (N)			The Jay Leno Show (N)		The Biggest Loser (N)		NCIS (N)				Your City
	8 CITV 240 339 ET Canada			Entertainment	The Good Wife "Pilot"							News Hour
	11 OMNI - The Office			The Simpsons	Omni News: S. Asian Edition			Omni News: Cantonese Edition	Two/Half Men			Metro
	13 KXLY - 371 4 News at 6			4 News at 6:30	Entertainment	The Insider (N)	Dancing With the Stars (HDTV)					the forgotten
	16 KAYU - 373 The Office			Raymond	Two/Half Men	Two/Half Men		Hell's Kitchen (PA) (N)				News
	22 KSPS - 374 NewsHour With Jim Lehrer			Magnificent Mind at Any Age	With Dr. Daniel Amen							Magic Moments: The Best of 50's Pop
	24 WTVP - 364 Grown in Detroit			And They Flew: The Story		Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N)			
	15 CBCN 502 - CBC News: The National			CBC News: the fifth estate				CBC News: The National				fifth estate
	21 TWN 505 398 (5) EarthWatch One			EarthWatch One				EarthWatch Two				
	27 CNN 500 590 Larry King Live (N)			Anderson Cooper 360 (HDTV)								Larry King Live
	54 CTVN 501 391 CTV News Tonight			News	CTV News	News	CTV News	News	CTV News	News	News	Cooper 360
	70 BNN 504 508 Squeeze Play			Business News	Commodities	Market Call Tonight						Squeeze Play
	20 TSN 400 400 NHL Hockey			SportsCentre	Interupption			SportsCentre	Boxing Juan Diaz vs. Paulie Malignaggi. (HDTV)			
	23 net 408 418 MLB Baseball			Sportsnet Con.	MLB Baseball	New York Yankees at Los Angeles Angels of Anaheim.						Sportsnet Con.
	47 SPEED 417 406 Super Bikes!			Super Bikes!	Jacked!	Jacked!	Pimp My Ride	Pass Time	Monster Jam (HDTV)			Super Bikes!
	94 SCORE 410 403 X-Fighters			Score Now			Score Now		Score Now			Score Now
	9 6DACC 267 351 Alberta Primetime (Live)			Wife Swap			Dancing With the Stars (HDTV)					Primetime
	14 YTV 552 543 iCarly			iCarly	Drake & Josh	Prank Patrol	Malcolm-Mid. Hates Chris	8 Simple Rules	What I Like			Family Biz
	17 TREE 553 546 Little Bear			Maggie-Beast	Babar	Zigby	Max & Ruby	Backyardigans	Ni Hao, Kai-lan Go, Diego, Go!			
	42 TOON 555 545 Jimmy Two			Jimmy Two	Scooby-Doo	Total Drama	Teen	Futurama	King of the Hill			American Dad
	45 FAM 557 541 Zoey 101			Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place			Ned's School
	- TVA 121 714 TVA nouvelles			Le Cercle (SC)	Qui perd gagne (SC)			Camerá café	Taxi 02-22 (SC)	La Promesse (HDTV) (N) (SC)		TVA nouvelles
	18 CMT 575 553 According-Jim			According-Jim	Home Improve.	Home Improve.		Wilsons	Wilsons	Reba		According-Jim
	25 A&E 615 520 Manhunters			Manhunters	Manhunters	Manhunters		Manhunters	Manhunters	The First 48		Manhunters
	26 MMM 571 581 Wild 'n Out			Wild 'n Out	High School Reunion			The Daily Fix	Wild 'n Out	Wild 'n Out		H.S. Reunion
	29 FOOD 603 561 Hell's Kitchen			Good Eats	Good Eats			Iron Chef America	Unwrapped	Unwrapped		Hell's Kitchen
	31 SHOW 617 522 Trailer Park			Trailer Park	The Outer Limits			The Unquiet (2007, Suspense) Cara Buono, Chris Martin.				Bones
	32 DISC 520 505 Destroyed			Destroyed	Deadliest Catch (N)			Daily Planet				
	33 SLICE 601 562 Wedding SOS			Wedding SOS	Bulging Brides	Bulging Brides	ET Canada	What Happen?	Biggest Loser Australia			Average Joe:
	34 W 602 567 House-Sell			Style by Jury	Old Christine	Friends		Friends	Grocery Bag	Style by Jury	Style by Jury	Good Naked
	35 TLC 521 560 18 Kids-Count			Table for 12	Table for 12	18 Kids-Count	Table for 12	Table for 12	Table for 12	Table for 12	Table for 12	Jon & Kate
	36 BRAVO 620 523 Surviving Disaster "Hijack"			Surviving Disaster (HDTV) (N)	Surviving Disaster (HDTV) (N)	Surviving Disaster (HDTV) (N)						Man on Train
	38 SPIKE 628 584 Surviving Disaster "Hijack"							CSI: Crime Scene Invstgtn.				Surv. Disaster
	39 AMC - (6) Lethal Weapon 3 (1992, Action)					Missing in Action 2: The Beginning (1985, Adventure)						Mad Men
	40 HIST 522 506 Cities of the Underworld							Crime Stories				
	41 COM 626 547 Just for Laughs							M*A*S*H	M*A*S*H			Underworld
	43 SPACE 627 528 The Nightmare (N)							InnerSpace (N)	Stargate SG-1 (DVS)			South Park
	44 WPCH 294 650 Law & Order: SVU								Star Trek: Next Gener.			House Party
	46 OLN 411 457 Survivorman							Bounty Hunter	Bounty Hunter			
	48 TROP 619 525 Prod. Parker							Survivorman	Survivorman			
	50 STAR 621 527 The View (HDTV) (N)							Stunt Stars	ET Canada			
	52 HGTV 600 564 SarahCottage								Switch			
	55 TLN 700 800 Il Buono								Family Guy			
	52 APTN 269 350 Fish Out of Water											
	93 VISION 261 394 Quantum Leap											
	100 MTV 581 566 Daddy's Girls											
	101 MM 570 580 Starmaker											
	102 CPAC 512 396 (6:30) Primetime Politics											
	103 VIVA 526 507 The Closer											
	106 RDI 126 730 Le Téléjournal (SC)											
	161 SUPER 515 507 Outlaw (2007, Crime Drama)											

**critics' corner****Being Erica**

Let's hope Erica learned from her attempt to prevent her brother's death at the end of last season. She went back in time to repair the damage she'd caused in the present, but things are still different since she got back. Dr. Tom is no longer her therapist and time-travel mentor. But that doesn't mean an end to her blasts into the past in the season premiere, "Being Dr. Tom." 9 PM on CBXT

**NCIS**

With the weight of the past on their minds, Gibbs and the team go back to work, with DiNozzo and McGee beginning a search for Ziva's replacement as the seventh season opens in "Truth or Consequences." 9 PM on KREM CITY

**The Biggest Loser**

The contestants learn they can stay at the ranch for another week if they lose a certain amount of weight, and chef Curtis Stone puts in an appearance to help the players make healthier food choices during a kitchen boot camp. 9 PM on KREM KHQ



Trusting his intuition

After 10 months of dating, actor John Krasinski knew it was time to propose to his now-fiancée Emily Blunt. "So many people say, 'You know when you know,' and it's true," he said, adding, "it was a tough gig, but somebody had to do it." METRO NEWS SERVICES

## Celebrity Buzz

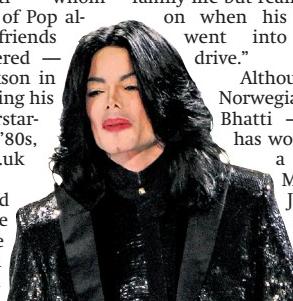
## MJ's 'son' Omer to play him in biopic

## A LITTLE TOO LITERAL

Michael Jackson's "son" is to play him in a new film.

Omer Bhatti — whom the late King of Pop allegedly told friends he had fathered — will play Jackson in a movie charting his rise to superstardom in the '80s, femalefirst.co.uk reports.

A source told Britain's The Sun: "The family feel fans would



love to see a dramatic retelling. They want to cover his childhood and family life but really focus on when his career went into overdrive."

Although the Norwegian Bhatti — who has worked as a

Michael Jackson impersonator

— denies Jackson is his biological father, he has revealed the singer used to tell him he was "like a son" to him.

He was also welcomed by the Jackson family and sat in the front row at Jackson's Los Angeles memorial service in July, and has reportedly been staying at the Jackson family home since his death.

It has also been reported that the Ferris wheel at Jackson's Neverland Ranch has been enjoying a second life after an amuse-

ment company picked it up at an auction that liquidated items from the estate last year, according to the Associated Press.

"We ourselves really didn't advertise it," said Theresa Noerper of Archway Amusements. "When he died, it kind of blew up. There's no keeping secrets then."

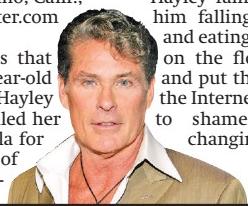
Jackson fans have reportedly been showing up as the wheel tours the south, paying respects and taking pictures.

METRO NEWS SERVICES

## Drunken Hoff taken to hospital?

**FAMILIAR STORY?** Baywatch star David Hasselhoff was admitted to hospital Sunday after drinking heavily at his Encino, Calif., home, popeater.com reports.

TMZ reports that his 17-year-old daughter Hayley Hasselhoff called her mother Pamela for help, and one of her friends re-



portedly called an ambulance for Hasselhoff.

He was allegedly released that night.

Hayley famously filmed him falling-over drunk and eating from a plate on the floor in 2007, and put the footage on the Internet in an effort to shame him into changing his ways.

METRO NEWS SERVICES

## Amy risks a drug relapse?

**SNAGGLE-TOOTHED NO MORE** Amy Winehouse got her teeth fixed, but pals are worried the painkillers she's been given to cope post-surgery might spark a relapse, according to the Sun.

"Amy's teeth were in a pretty gross state," a source said. "They were



brown and stained and needed major work on them and she was determined to get them back to their sparkling best.

"It's left her in almost constant pain, but she thinks the sacrifice is worth it. She's been given some very strong drugs to cope with the pain," the source added.

METRO WORLD NEWS

## Fat and K-Fed knows it

## SELF-ASSURED

Talk about Kevin Federline's ghastly weight gain all you want.

"He doesn't care," his ex Shar Jackson told usmagazine.com Sunday. "The beautiful thing about him is that he could care less."

Jackson said that he still manages to phone the two children he has with her: Kori, 7, and Caleb, 5.

"He calls them all the time," she told Us.

"They have good long phone conversations.



I'm like, 'Ok, that's good. Hang up the phone 'cause we have stuff to do.'

Jackson said she is also proud of Spears — whom she once loathed. (Spears began dating Federline while Jackson was pregnant with her second child.)

"She seems like she's doing well," Jackson told Us of Spears, who was hospitalized twice in 2008. "Good for her."

METRO NEWS SERVICES  
GETTY IMAGES

## Who will make Mischa's coffee?

## NOW HIRING: COFFEE INTERN

Mischa Barton is still making work on The Beautiful Life difficult, according to Page Six. An on-set source says Barton has been showing up to work so bleary-eyed, she's been holding up

filming, and one day recently, she "kept demanding that someone make instant coffee for her."

"Often, she'll stare at the coffee for minutes at a time and say, 'Who will fix my coffee? I need someone to fix my coffee.'"

METRO WORLD NEWS

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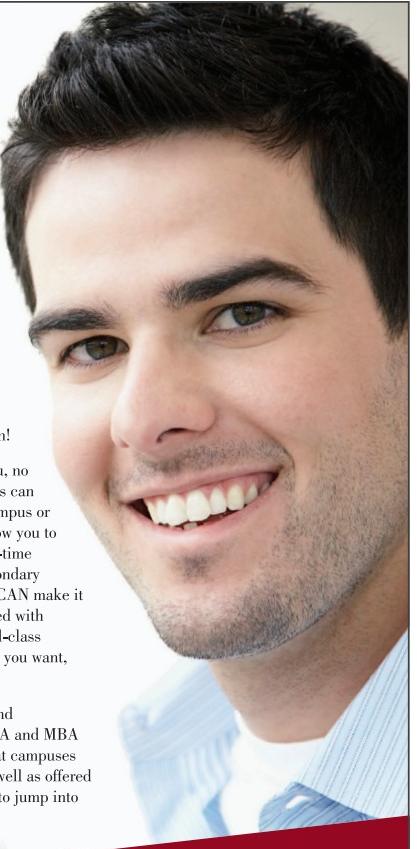
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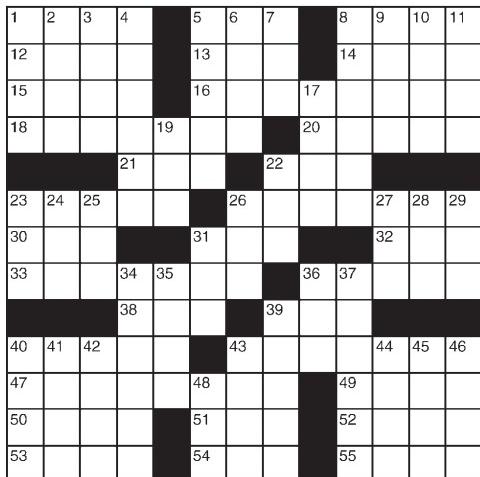
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**Michele McDougall, Weather Specialist & Host – Breakfast Television**

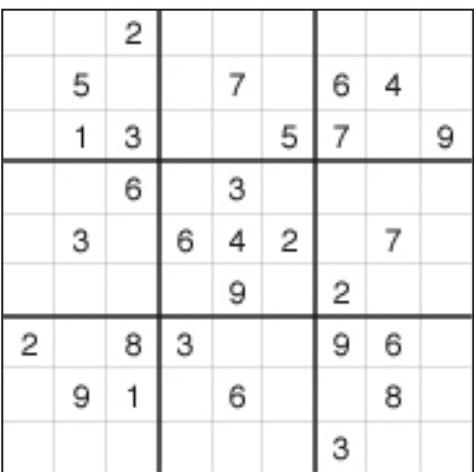
'My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes.'

WEEKDAYS AT 6 A.M.

**Sudoku**

For more/less challenging Sudoku puzzles, visit metronews.ca

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**Horoscopes by Sally Brompton** [sallybrompton.com](http://sallybrompton.com)**ARIES****MARCH 21-APRIL 20**

The answers you seek are not hard to find but you'll need help from those who have asked the same sort of questions before you.

**LIBRA****SEPT 23-OCT 23**

Others may be having second thoughts about what you are doing but you have no doubts. Your momentum will keep you moving.

**TAURUS****APRIL 21-MAY 21**

You won't lack for self-belief today but as mind planet Mercury is still moving retrograde you are advised to check facts and figures.

**SCORPIO****OCT 24-NOV 22**

You are prepared to risk anything to prove you are the best at what you do. Before the day is over almost everyone will be singing your praises.

**GEMINI****MAY 22-JUNE 21**

Family issues that have been causing you problems can quite easily be resolved, but you must stop putting them off.

**SAGITTARIUS****NOV 23-DEC 21**

You will get your way today but you will probably upset one or two people in the process. But that won't worry you in the slightest.

**CANCER****JUNE 22-JULY 22**

Mars in your birth sign does wonders for your confidence and you won't hesitate to speak up today if you feel you have something to say.

**CAPRICORN****DEC 22-JAN 20**

You won't lack for things to say over the next 24 hours, but make sure that any criticisms you have are justified and that your reasons for airing them are positive.

**LEO****JULY 23-AUG 23**

You will have to bluff your way through a situation you would usually cope with quite easily. Fortunately others expect you to be assured and outspoken.

**AQUARIUS****JAN 21-FEB 18**

With Mercury still moving retrograde, what others tell you they are going to do and what they actually do may be two different things today.

**VIRGO****AUG 24-SEPT 22**

Mercury back in your birth sign means you are not afraid to speak your mind, and it could lead to some interesting scenes.

**PISCES****FEB 19-MARCH 20**

You don't lack for ideas but you may lack the confidence to express them, and that's a shame because some of your ideas are quite brilliant.

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BY TRICKY RICKY KANE  
Every answer is a rhyming pair of words like FAT CAT and DOUBLE TROUBLE, and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

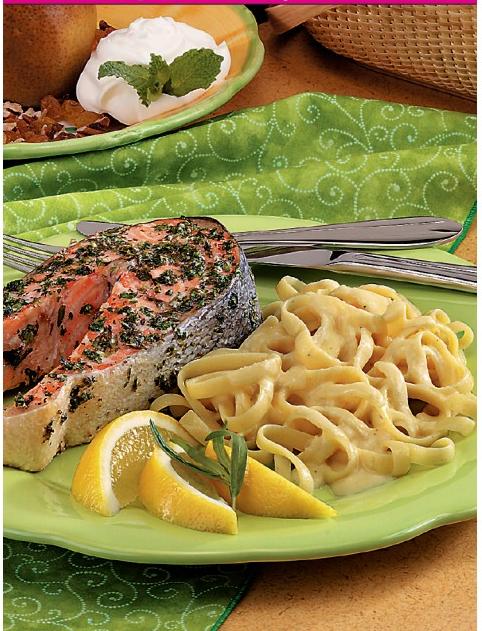
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1. Whack Grand Coulee, for one (1)
2. Actor Black's Apple computers (1)
3. "Wizard of Oz" dog snapshot (2)
4. Georgia fruit on a sandy shore (1)
5. Scottish girls' reading spectacles (2)
6. Singer Parton's tennis shots (2)
7. Less tall one who frustrates plans (2)

ANSWER KEY: 1. LASSO 2. DAM 3. JACKS 4. TOTY PHOTO 5. BEACH PEACH 6. ISLAND 7. SHOTTER THWARTER

**This day in history**

SEPT. 22, 1862: Slavery in the United States: a preliminary version of the Emancipation Proclamation is released.  
SEPT. 22, 1888: The first issue of National Geographic Magazine is published.  
SEPT. 22, 1896: Queen Victoria surpasses her grandfather King George III as the longest reigning monarch in British history.  
SEPT. 22, 1991: The Dead Sea Scrolls are made available to the public for the first time by the Huntington Library.  
SEPT. 22, 2003: David Hempleman-Adams becomes the first person to cross the Atlantic Ocean in an open-air, wicker-basket hot air balloon.

**entertainment 23**
**BT** BREAKFAST TELEVISION
**Take Five****Metro Recipe of the Day****Fettuccine Alfredo****INGREDIENTS:**

4 oz (125 g) uncooked fettuccine

3 tbsp (45 ml) butter

1 cup (250 ml) heavy whipping cream

1/4 cup (50 ml) plus 2 tbsp (25 ml) grated Parmesan cheese, divided

1/4 cup (50 ml) grated Romano cheese

1 egg yolk, lightly beaten

1/8 tsp (0.5 ml) salt

Dash each pepper and ground nutmeg

butter over medium-low heat. Stir in cream, 1/4 cup (50 ml) Parmesan cheese, Romano cheese, egg yolk, salt, pepper and nutmeg.

2. Cook and stir over medium-low heat until thermometer reads 160°F (71°C — do not boil). Drain fettuccine; top with Alfredo sauce and remaining Parmesan cheese.

**SERVES 2****rd.ca**

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



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# DEALS of the WEEK

### Santa Clara via Calgary

Barceló Cayo  
**Santa Maria • 4★**  
All-Inclusive • Junior suite  
Oct. 4-18 • 1 wk.

**\$759**

Taxes & other fees  
(including service charges): \$212

### Punta Cana via Toronto

Occidental Grand  
**Punta Cana • 4★**  
All-Inclusive • Junior suite  
Oct. 3-25 • 1 wk.

**\$799**

Upgrade to the Royal Club luxury room for only \$229 per person

Taxes & other fees  
(including service charges): \$322

### Puerto Vallarta via Calgary

Canto del Sol  
**Plaza Vallarta • 3 1/2★**  
All-Inclusive • Standard rm.  
Dec. 5 & 12 • 1 wk.

**\$769**

Taxes & other fees  
(including service charges): \$267

### Los Cabos via Calgary

Crowne Plaza Los Cabos Grand Faro • 5★  
All-Inclusive  
Deluxe oceanview rm.  
Dec. 19 • 1 wk.

**\$1199**

Taxes & other fees  
(including service charges): \$268

### Cancun / Riviera Maya

Royal Solaris Cancun • 4★  
All-Inclusive  
Deluxe lagoonview rm.  
Dec. 24 • 1 wk.

**\$1459**

Taxes & other fees  
(including service charges): \$249

### Honolulu via Calgary

**Ohana Waikiki West • 3★**

Aloha - Run of the house rm.  
Dec. 6 • 1 wk.

**\$999**

Taxes & other fees  
(including service charges): \$140

### Jamaica

Sunset Jamaica Grande Resort & Spa • 4★  
All-Inclusive • Standard rm.  
Dec. 22 • 1 wk.

**\$1869**

Taxes & other fees  
(including service charges): \$261

### Gran Bahia Principe Jamaica • 4 1/2★

All-Inclusive • Junior suite  
Dec. 29 • 1 wk.

**\$2199**

Taxes & other fees  
(including service charges): \$261

## DEAL to EUROPE

### Paris via Toronto or Montreal

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